

THE EAGLE

March 2022

Get the Book



Efrem loans us his opinion on this years World Book Day...



Staff on World Book Day.

World Book Day was as sensational as ever with lots of staff dressing up as their favourite fictional character.

This year, The English Department were supposed to dress up as Charles Dickens characters, but as usual, Mrs Bull-Mittens, Mr Were and some other English teachers decided to let the whole department down. How surprising.

Despite this disappointment, I have chosen to look into World Book Day's history as part of this months edition of The Eagle.

Megan also provides us with The Eagle team's top book choices as part of our thrilling headline story.

Story continues on p.5



In the 'nick' of time by Rahwa p.8



The Eagle Team's Top 10 by Megan p.4



Luck of the Irish! by Grace & Dalia p.2



Plus much more inside...



TRAVEL

Luck of the Irish!

Events in Ireland for St. Patrick's Day:

Festival in Waterford

Breathtakingly fun and exciting events happen in the heart of Waterford, including their annual festival, making Ireland an amazing place to travel to even if it's for a relaxing weekend away to enjoy the sun, to get to know some history, or party and enjoy the festival while it lasts.

The warm and friendly welcome that Waterford brings to you is priceless and makes everyone feel like they're part of a community. The bright colours and fun-filled costumes are a huge attraction to many and lead to a fun-filled adventure that simple cant be forgotten. Who knew St. Patrick's day could be such an experience!

The lively event is suitable for everyone as children can enjoy the music, food and dancing and for the adults, green beer is a very popular part of the whole tradition. Feel free to bring anyone and everyone along to this festival in Waterford and make sure they have the experience of a lifetime.



Vaterfield. Ireland.



Waterford Festival.



Part of the celebrations.

TEACHER NEWS



Favourite Fiction

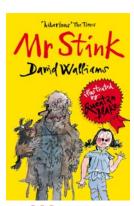
Freya interviews teachers to find out their top 3 texts of all time!

Mr Were:

"Red Riding Trilogy by David Peace - Saw it adapted for Channel 4 and rushed out to buy the books - a tale of police corruption, greed and awful goings on in 70s and 80s Yorkshire. Heavy going.

Behind Her Eyes by Sarah Pinborough - I read it on holiday in Greece one year and got to the ending and my jaw dropped - what a twist! Been ruined by Netflix since but the original book is exceptional. A real page turner.

The Football Shirts Book by Neil Heard - More of a reference guide than a book but Mrs Tuffnell bought me this for my birthday one year. As Mrs Were will testify collecting shirts from the 90s is my weakness so it its nice to have a guide to the most valuable ones. It is also the closest I will get to many of them as Mrs Were has banned me from buying anymore!"



We are shocked and appalled that Mr Stink didn't make it to Mr Were's top 3!

Mr Fairey

"Can I include my university Physics text book? Because Physics for Science and Engineers was an absolute banger.

Otherwwwiiiiisseeeee:

Gardens of the Moon is sick. Thinking Fast and Slow is sick. Annnnnnnnnnnnnnnnnnnnnd.... all the Sci-Fi books!

Hmmm... back in 2k3 Singularity Sky blew. My. Mind"

Mr Ghosh:

"A short History of Nearly Everything by Bill Bryson - very eloquent and readable account from the creation of the Universe (Big Bang), through the sub-atomic particles to the present galaxies. Very readable and enjoyable book with the author's unique style, whilst also gaining a wider understanding of Science and how to communicate more difficult concepts in Science. This definitely helped me to put all the Science in context so I am able to make more sense of it and also answer some difficult questions I sometimes face as a Science Teacher!"

Enid Blyton's Adventure Series - As a young teenager, as soon as I read the first book I knew I had to read all the rest and there were quite a few to get through! Every book had a different adventure full of mystery but what stood out was the friendship of the child detectives which got them through so many seemingly insurmountable obstacles. Every one of the five main characters were different, which made it interesting how they interacted and helped each other face potentially dangerous situations. And they succeeded in all their ventures against the odds, which made it even more fun!

Going even further back in my childhood, I have to mention the Tin Tin comic adventure series as one of my favourite series of books. As a young boy who just moved to England with basic English (some would say no change there!), this book was ideal for it's ease of reading as well as the the brilliant cartoons! I was also fascinated by the different locations in every book with it's related culture and people, which made it seem real and more interesting. The characters were all different like the Enid Blyton's series and they just clicked somehow and managed to solve crimes and other unsavoury mysteries. I loved the comedy moments as well, especially involving Captain Haddock and the incompetent detectives Thompson and Thompson. The faithful dog Snowy was also cute!"



Headline News

The Eagle Team's Top 10

10 members of our team share their favourite reads:

Megan - Broken Soup - Jenny Valentine

Freya - The Hunger Games Mockingjay - Suzanne Collins

Jamie - Bleak House- Charles Dickens

Rahwa - Anne of Green Gables - L.M Montgomery

Dalia - Ugly Love - Colleen Hoover

Jess - My Thoughts Exactly - Lily Allen

Jack - One of Us Is Lying - Karen M.
McManus

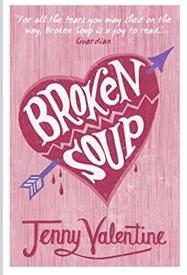
Efrem - Diary of a Wimpy Kid - Jeff Kinney

Barima - Harry Potter - J.K Rowling

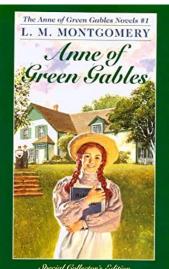
Mrs Bull-Mittens - The Picture of Dorian Gray - Oscar Wilde

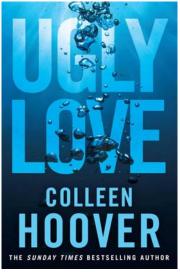


Mrs Bull-Mittens is apparently a fan of Oscar Wilde - not that she bangs on about it all the time...

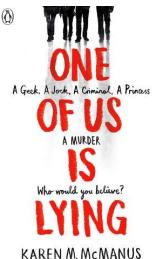












HEADLINE NEWS



Get the **Book**

Efrem loans us his opinion on this years World Book Day...

The History of World Book Day:

World Book Day was created by UNESCO on 23rd April 1995 to celebrate books and authors and encourage young people to discover the pleasure of reading.

The first World Book Day in the UK and Ireland took place in 1997 to promote reading for fun. As World Book Day founder, Baroness Gail Rebuck, recalls "We wanted to do something to reposition reading and our message is the same today as it was then - that reading is fun, relevant, accessible, exciting, and has the power to transform lives."

Now World Book Day continues to encourage children and young people to read for pleasure through its work with authors, illustrators, bookshops, and libraries. Thanks to National Book Tokens, book publishers and booksellers, World Book Day, in partnership with schools all over the country, now distributes more than 15 million £1 World Book Day book tokens to children and young people (that is almost one for every child/young person under 18 in the UK and Ireland).





Mrs O'Neil as a Dickens character.



Dobby is free.



STUDENT NEWS

In the 'nick' of time. .

Rahwa talks Leavers Hoodies.

As our secondary school experience is unfortunately coming to an end, one thing to look forward to are our school leavers hoodies.

I've had to managed the complex, thought provoking and imperative task of compiling a list of the best school leavers hoodie nicknames.

- 1. Efrem- Effy
- 2. Wiktoria- Vikstar
- 3. Dalia- Dals
- 4. Grace- Gracie
- 5. Rahwa- Ra Ra
- 6. Barima-Barry
- 7. Megan- Megs
- 8. Jamie- Ofaz
- 9. Jack- Jack
- 10. Mr Bull-Mittens Mr Dan





A sample of 'Kelly Green.'

Colours (you can order a combination of different colours)



Which colour did you choose?

Health & Beauty

St Patrick's Day Beauty & Nails

Looks that Jess loves:

Here are some beauty looks that you could do for St. Patrick's Day:







Did you know?

St. Patrick's Day was originally celebrated in Ireland with religious services and feasts in honour of St. Patrick, one of Ireland's patron saints







SEASONAL

Shrove **Tuesday**



Megan flips out over Lent.

Shrove Tuesday originated in England from a Christian holiday. People threw away fatty ingredients in preparation for lent fasting of 40 days and 40 nights.

Now during Lent, Christians give up something they enjoy or something that is bad for you. This is to reflect on how Jesus suffered and empathise with him.

On pancake day (or Shrove Tuesday), we traditionally make pancakes as the Christians used to.

People in today's society like to add sweet dressings to their pancakes, like Nutella, strawberries, lemon drops, sugar and many more.

Some people even like savory crepes with cheese and ham in!



'Now during Lent, Christians give up something they enjoy something that is bad for you.'

Savory pancakes.

By Megan



Ingredients:

Flour: Use all-purpose flour, whole wheat flour, or a combination of the two.

Sugar: Use granulated sugar

Baking Powder: It is the baking powder that makes these pancakes light and fluffy.

Salt: 1/2 teaspoon of fine salt.

Milk: Whole milk, reduced-fat, and even skim milk will work in this recipe.

Melted Butter: You can't beat the taste of butter for this, but if you need a plant-based option, melted coconut oil or melted plantbased butter work too.

One Egg: The egg adds structure, flavor, and fluffiness.

Vanilla Extract: Vanilla adds sweetness and depth of flavor.



How they looked when I made them...

Method:

- Whisk dry ingredients together.
 Melt butter and warm milk (use the microwave)
- 3. Whisk wet ingredients together4. Combine the dry and wet ingredients5. Cook on a hot buttered skillet

Education

UNIVERSITY OF

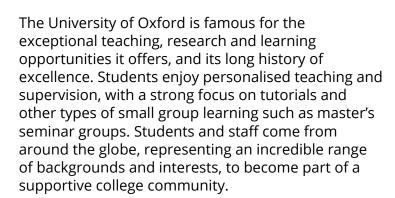
OXFORD



University of Oxford

Barima reaches for the stars...

Rankings No. 1 University





The University has 45 colleges. This includes 6 permanent private halls.

Graduate of Oxford University



Lewis Carroll.

Graduate Prospects:

Almost 80% of recent graduates were in paid work less than 3% were unemployed and looking for work.

Almost all employed graduates were in graduate level jobs, mostly in education, research and development, or health industries.

52% of graduates in paid work for an employer were on a fixed-term contract lasting 12 months or longer, and 42% were employed permanently.

Average annual salary was £41,600.

Almost 89% of graduates agreed their current work was meaningful and that they were utilising what they had learnt in their studies.

Graduate of Oxford University



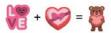
Stephen Hawking.

By Barima



Puzzles & Games

Last Month's Answers



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Heart Box = 5

Teddy Bear = 9

Love Birds = 3

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St. Patrick's Day **Word Search**







CLOVER COINS CORNED BEEF TRADITION GREEN

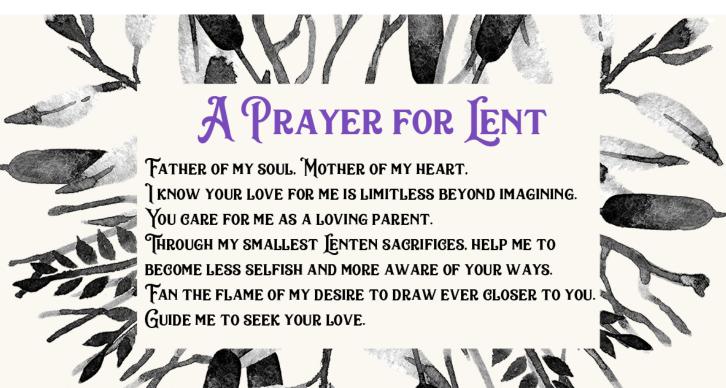
IRELAND IRISH **LEPRECHAUN** LUCK MARCH

PARADE PATRICK POT OF GOLD RAINBOW SHAMROCK



PRAYER & RELECTION





Lenten Prayer

GOD OF GOODNESS AND MERCY,

HEAR MY PRAYER AS I BEGIN THIS LENTEN JOURNEY WITH YOU.

LET ME BE HONEST WITH MYSELF AS I LOOK INTO MY HEART AND SOUL,

NOTICING THE TIMES I TURN AWAY FROM YOU. GUIDE ME AS I HUMBLY SEEK

TO REPENT AND RETURN TO YOUR LOVE.

MAY HUMILITY GUIDE MY EFFORTS TO BE RECONCILED WITH YOU AND LIVE FOREVER IN YOUR ABUNDANT GRACE.

TRANSFORM ME THIS LENT, HEAVENLY FATHER. GIVE ME THE STRENGTH TO COMMIT MYSELF TO GROW CLOSER TO YOU EACH DAY.

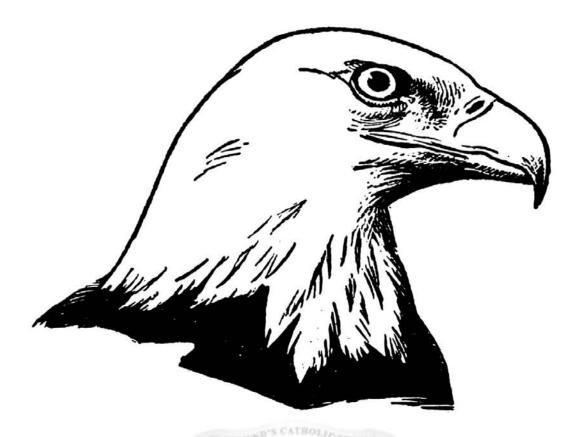
AMEN.



Chosen by Phoebe



'I can do all things with the help of God who strengthens me.'



SAINT EDMUND'S CATHOLIC SCHOOL PRESENTS

THE EAGLE

A MONTHLY NEWS PUBLICATION

FOR STUDENTS . BY STUDENTS

SCHOOL NEWS
STUDENT NEWS
TEACHER NEWS
SPORT
ENTERTAINMENT
TRAVEL
SEASONAL
EDUCATION
HEALTH & BEAUTY

Remember

If you want to contribute to 'The Eagle,' contact the relevant representative or Mrs Bull-Mittens via email on: amelia.bull-mittens@saintedmunds.org.uk